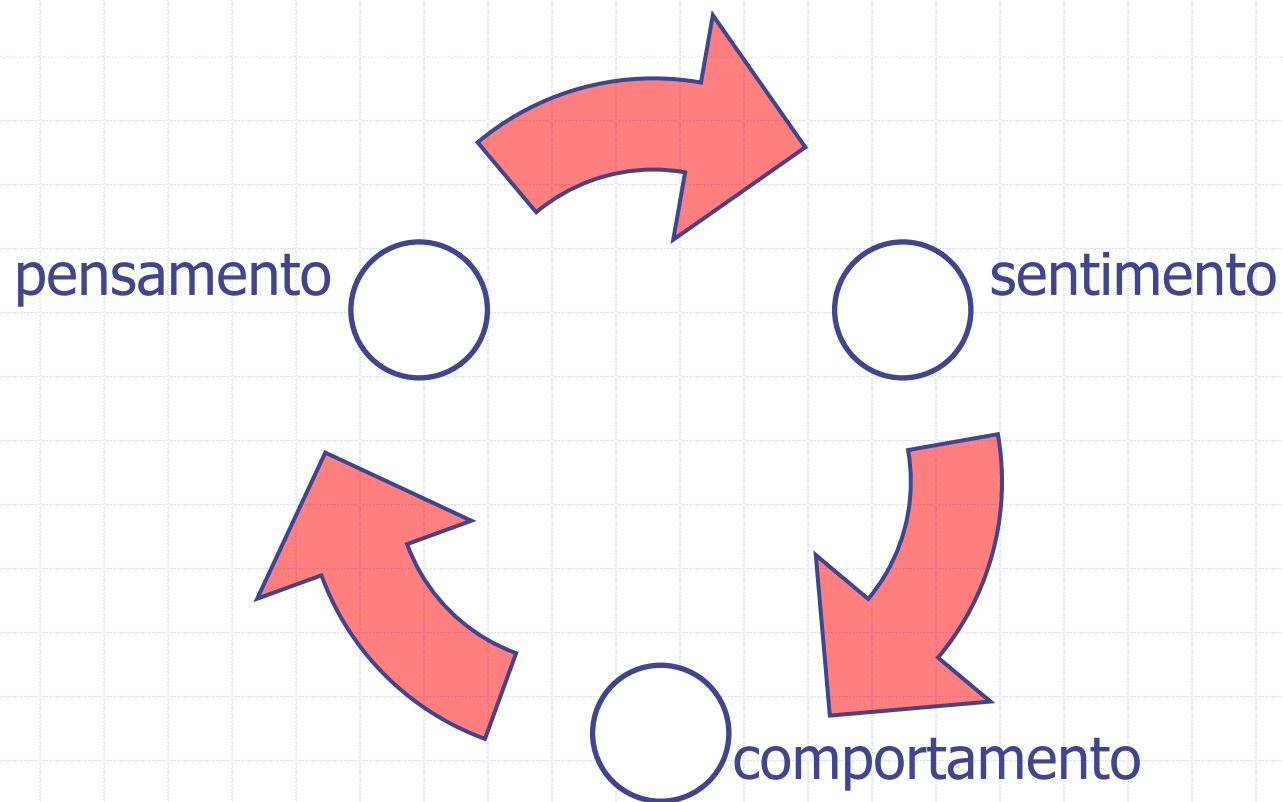
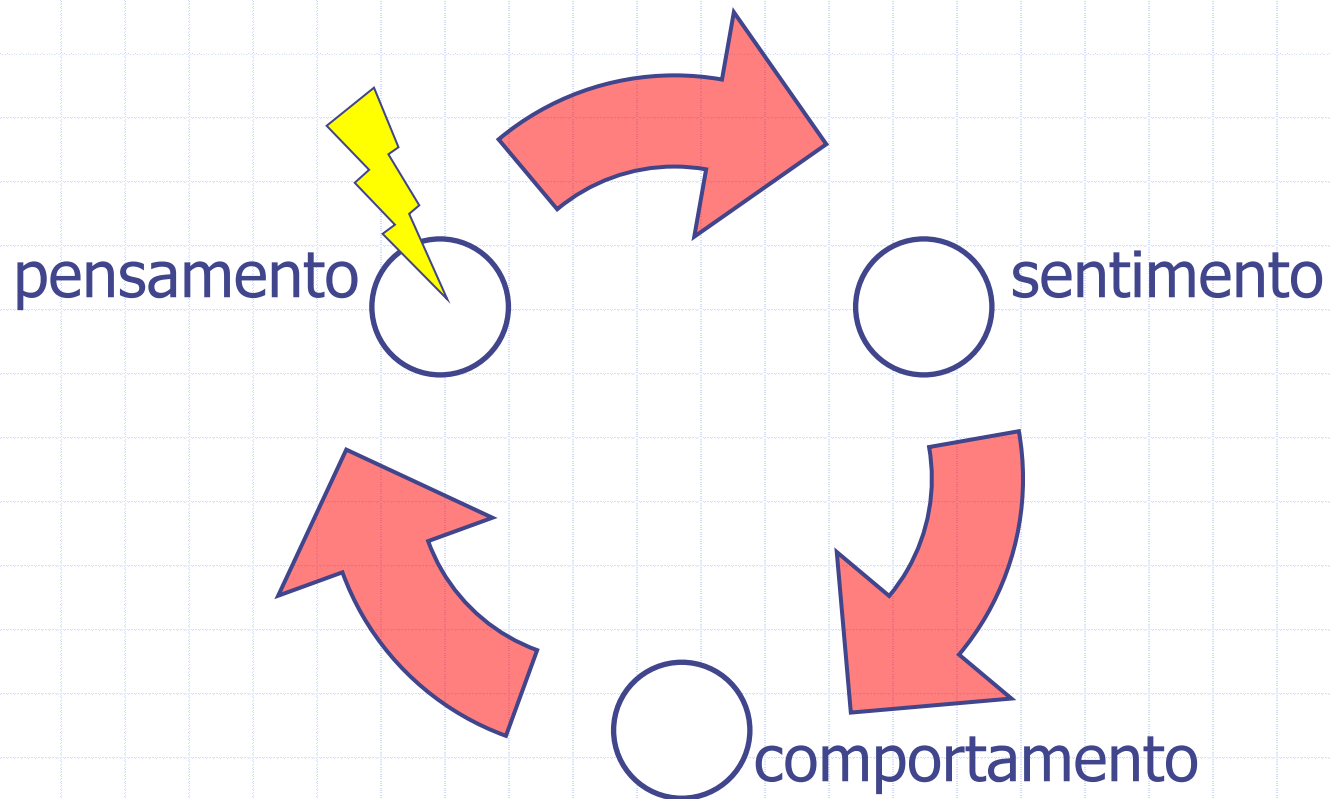


A integração humana



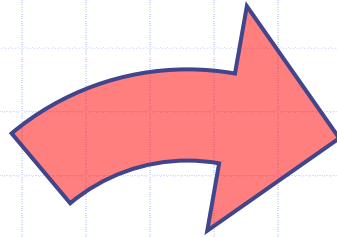
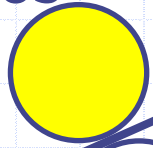
Uma estratégia de **mudança unilateral**



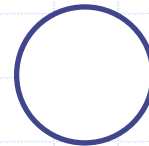
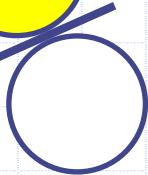
O efeito

da **mudança unilateral**

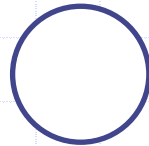
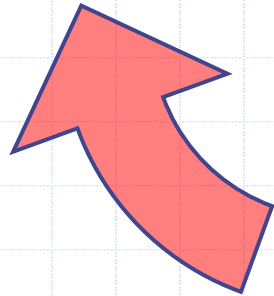
pensamentos
isolados



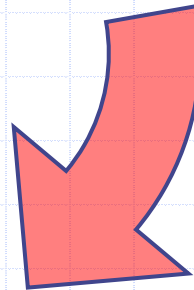
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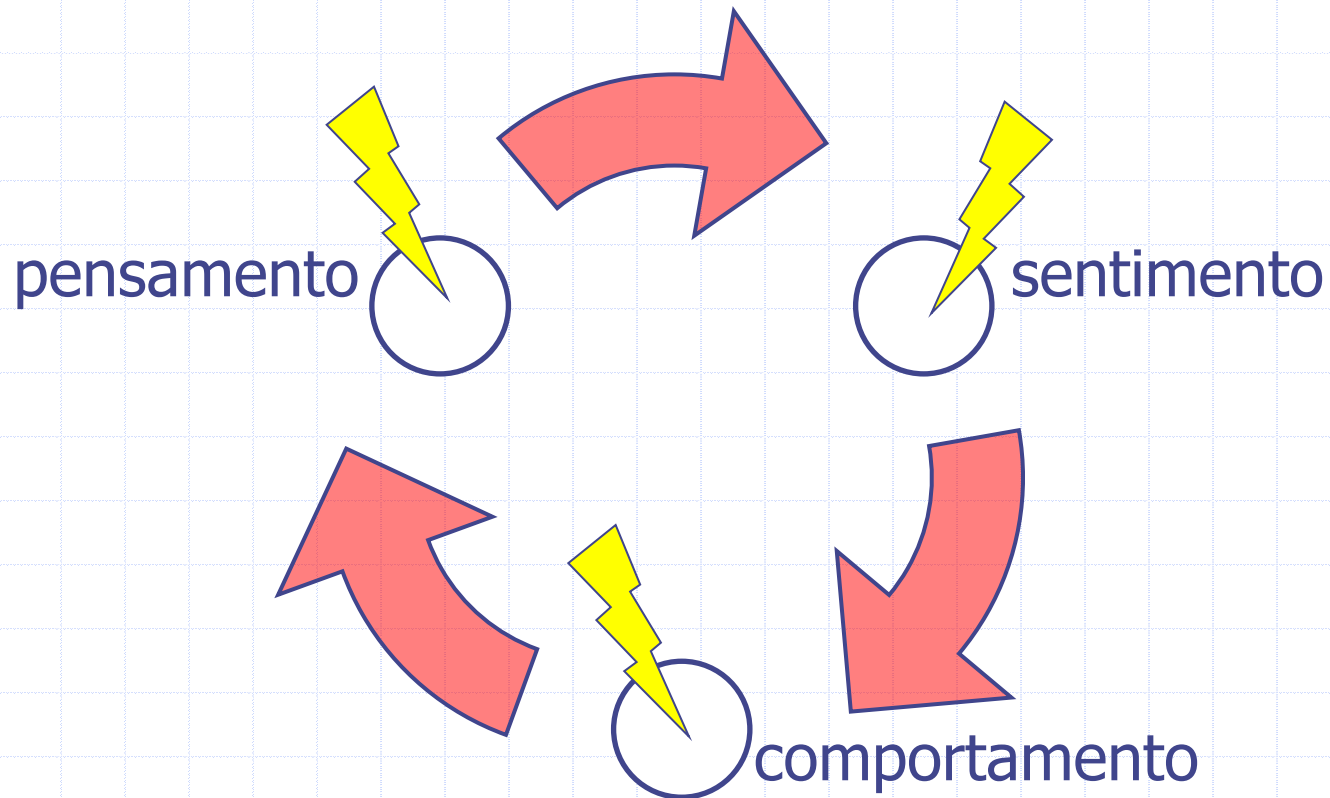
sentimento



comportamento



Uma estratégia de **mudança integral**



O efeito da **mudança integral**

